

CURRICULUM VITAE

Name: Conny Magnus Lindwall

Birth date: July 15, 1975

Title: Professor

Present position: Professor of Health Psychology (Professor i psykologi med inriktning mot hälsopsykologi), Department of Psychology, University of Gothenburg

Guest Professor (Sport and Exercise Psychology) at The Swedish School of Sport and Health Sciences (GIH), Stockholm, Sweden

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Academic positions:

2019-present Guest Professor, The Swedish School of Sport and Health Sciences (GIH), Stockholm, Sweden

2017-present Professor Health Psychology, Department of Psychology, University of Gothenburg

2017-2017 Senior lecturer (universitetslektor) in psychology and health psychology, Department of Psychology, University of Gothenburg

2015-2017 Professor in sport science and exercise psychology, Department of Food and Nutrition, and Sport Science; University of Gothenburg

2011-2015 Senior lecturer (universitetslektor), in sport science and sport and exercise psychology, Department of Food and Nutrition, and Sport Science; University of Gothenburg

2010- 2011 Senior lecturer (universitetslektor) in psychology, Department of Psychology, University of Gothenburg

- 2008-2009 Post-doc position at Department of Psychology, University of Gothenburg
- 2007-2008 Guest researcher, Institute of Stress Medicine, Gothenburg
- 2004-2007 Senior lecturer, psychology and sport and exercise psychology, School of Social and Health Sciences, Halmstad University, Sweden.
- 2002-2004 Doctoral research stipend, Department of Psychology, Stockholm University, Sweden.
- 2000-2002 Doctoral research stipend/ research assistant, School of Health and Social Sciences, Halmstad University, Sweden.
- 1998-2000 Lecturer, psychology and sport and exercise psychology, School of Social and Health Sciences, Halmstad University, Sweden.

Education and appointments

- 2015 Professor (sport science and exercise psychology), Department of Food and Nutrition, and Sport Science, University of Gothenburg
- 2009 Associate Professor (psychology), Department of Psychology, University of Gothenburg, Sweden
- 2004 Ph.D., Department of Psychology, Stockholm University, Sweden
- 1998 M.Sci. in Sport and Exercise Psychology, Lund University, Sweden.
- 1997 B.Sci. in Sport Pedagogue (sport science), Halmstad University, Sweden.

Research grants

- 2019 Forte (“Highways of health: Mapping post-retirement change patterns and interplay of physical and cognitive health functions”), 2.700.000
- 2017 The Swedish National Centre for Sports Research, CIF (physical activity, fitness, health), 200.000
- 2016 The Swedish National Centre for Sports Research, CIF (exercise, affect and motivation), 121.000
- 2015 The Swedish National Centre for Sports Research, CIF (physical activity and motivation), 120.000
- 2013 The Swedish National Centre for Sports Research, CIF (self-esteem, competence and sport participation in adolescents), 250.000

- 2012 The Swedish National Centre for Sports Research, CIF (physical activity, fitness and cognitive health in elderly) 265.000
- 2011 University of Gothenburg Centre for Person-Centered Care (motivation in a exercise intervention program in patients with mild cognitive impairment), 1.500.000
- 2011 The Swedish National Centre for Sports Research, CIF (motivation and physical activity) 75.000
- 2007 University of Gothenburg (post-doc research grant for 100% in 2 years)
- 2007 European Research Advisory Board (ERAB). A psychosocial intervention to reduce high-risk single-session alcohol (binge) drinking among company employees in a workplace setting in three European nations (Co-applicant)
- 2007 The Swedish National Centre for Sports Research (physical activity and mental health for the elderly)
- 2006 The Swedish National Centre for Sports Research (post-doc/research assistant grant for 50% in 2 years)
- 2004 The Swedish National Centre for Sports Research (positive and negative impact of sport and exercise on perceived health)
- 2001 The Swedish National Centre for Sports Research (doctoral research stipend grant)
- 1999 The Swedish National Centre for Sports Research (sport injury)

Scientific publications:

In international peer-review journals (89)

2022

Agahi, N., Kelfve, S., Hassing, L. B., & Lindwall, M. (2022). Alcohol consumption over the retirement transition in Sweden: different trajectories based on education. *Work, Aging and Retirement*, 8(1), 74-81.

Henning, G., Johansson, B., Lindwall, M., & Huxhold, O. (2022). Retirement adjustment in Germany from 1996 to 2014. *Work, Aging and Retirement*, 8(3), 304-321.

Henning, G., Stenling, A., Tafvelin, S., Ebener, M., & Lindwall, M. (2022). Levels and change in autonomous and controlled work motivation in older workers—The role of proximity to retirement and sense of community at work. *Journal of Occupational and Organizational Psychology*, 00, 1– 19. <https://doi.org/10.1111/joop.12406>

Stenling, A., Eriksson Sörman, D., Lindwall, M., & Machado L. (2022). Bidirectional within- and between-person relations between physical activity and cognitive function. *The Journals of Gerontology: Series B*, 77(4), 704-709.

2021

Blom, V., Lönn, A., Ekblom, B., Kallings, L. V., Väisänen, D., Hemmingsson, E., ... & Ekblom-Bak, E. (2021). Lifestyle habits and mental health in light of the two COVID-19 pandemic waves in Sweden, 2020. *International Journal of Environmental Research and Public Health*, 18(6), 3313.

Ekblom-Bak, E., Väisänen, D., Ekblom, B., Blom, V., Kallings, L. V., Hemmingsson, E., ... & Lönn, A. (2021). Cardiorespiratory fitness and lifestyle on severe COVID-19 risk in 279,455 adults: a case control study. *International Journal of Behavioral Nutrition and Physical Activity*, 18(1), 1-16.

Henning, G., Stenling, A., Bielak, A. A., Bjälkebring, P., Gow, A. J., Kivi, M., ... & Lindwall, M. (2021). Towards an active and happy retirement? Changes in leisure activity and depressive symptoms during the retirement transition. *Aging & Mental Health*, 25(4), 621-631.

Ivarsson, A., Stenling, A., Weman Josefsson, K., Höglind, S., & Lindwall, M. (2021). Associations between physical activity and core affects within and across days: a daily diary study. *Psychology & Health*, 36(1), 43-58.

Kalén, A., Bisagno, E., Musculus, L., Raab, M., Pérez-Ferreirós, A., Williams, A. M., Araujo, D., Lindwall, M., & Ivarsson, A. (2021). The role of domain-specific and domain-general cognitive functions and skills in sports performance: A meta-analysis. *Psychological Bulletin*, 147(12), 1290.

Stenling, A., Sörman, D. E., Lindwall, M., Hansson, P., Körning Ljungberg, J., & Machado, L. (2021). Physical activity and cognitive function: between-person and within-person associations and moderators. *Aging, Neuropsychology, and Cognition*, 28(3), 392-417.

2020

Kelfve, S., Kivi, M., Johansson, B., & Lindwall, M. (2020). Going web or staying paper? The use of web-surveys among older people. *BMC Med Res Methodol*. 2020 Oct 8;20(1):252. doi: 10.1186/s12874-020-01138-0

Teixeira, P. J., Marques, M. M., Silva, M. N., Brunet, J., Duda, J. L., Haerens, L., La Guardia, J., Lindwall, M., Lonsdale, C., Markland, D., Michie, S., Moller, A. C., Ntoumanis, N., Patrick, H., Reeve, J., Ryan, R. M., Sebire, S. J., Standage, M., Vansteenkiste, M., . . . Hagger, M. S. (2020). A classification of motivation and behavior change techniques used in self-determination theory-based interventions in health contexts. *Motivation Science*, 6(4), 438–455.

Ekblom-Bak, E., Stenling, A., Salier Eriksson, J., Hemmingsson, E., Kallings, L. V., Andersson, G., ... & Lindwall, M. (2020). Latent profile analysis patterns of exercise, sitting and fitness in adults—Associations with metabolic risk factors, perceived health, and perceived symptoms. *Plos one*, *15*(4), e0232210.

Gattario, K. H., Lindwall, M., & Frisé, A. (2020). Life after childhood bullying: Body image development and disordered eating in adulthood. *International Journal of Behavioral Development*, 0165025419877971.

Gerber, M., Börjesson, M., Jonsdottir, I. H., & Lindwall, M. (2020). Association of change in physical activity associated with change in sleep complaints: results from a six-year longitudinal study with Swedish health care workers. *Sleep Medicine*, *69*, 189-197.

Göthlin, M., Eckerström, M., Lindwall, M., Rolstad, S., Eckerström, C., Jonsson, M., ... & Wallin, A. (2020). Latent Cognitive Profiles Differ Between Incipient Alzheimer's Disease and Dementia with Subcortical Vascular Lesions in a Memory Clinic Population. *Journal of Alzheimer's Disease*, (Preprint), 1-12.

Hansson, I., Henning, G., Buratti, S., Lindwall, M., Kivi, M., Johansson, B., & Berg, A. I. (2020). The role of personality in retirement adjustment: Longitudinal evidence for the effects on life satisfaction. *Journal of personality*, *88*(4), 642-658.

Stenling, A., Henning, G., Bjälkebring, P., Tafvelin, S., Kivi, M., Johansson, B., & Lindwall, M. (2020). Basic psychological need satisfaction across the retirement transition: Changes and longitudinal associations with depressive symptoms. *Motivation and Emotion*, 1-16.

2019

Josefsson, T., Ivarsson, A., Gustafsson, H. *et al.* Effects of Mindfulness-Acceptance-Commitment (MAC) on Sport-Specific Dispositional Mindfulness, Emotion Regulation, and Self-Rated Athletic Performance in a Multiple-Sport Population: an RCT Study. *Mindfulness* *10*, 1518–1529 (2019). <https://doi.org/10.1007/s12671-019-01098-7>

Henning, G., Bjälkebring, P., Stenling, A., Thorvaldsson, V., Johansson, B., & Lindwall, M. (2019). Changes in within-and between-person associations between basic psychological need satisfaction and well-being after retirement. *Journal of Research in Personality*, *79*, 151-160.

Henning, G., Stenling, A., Tafvelin, S., Hansson, I., Kivi, M., Johansson, B., & Lindwall, M. (2019). Preretirement Work Motivation and Subsequent Retirement Adjustment: A Self-Determination Theory Perspective. *Work, Aging and Retirement*, *5*, 189-203. doi.org/10.1093/workar/way017

2018

Ntoumanis, N., Stenling, A., Thøgersen-Ntoumani, C., Vlachopoulos, S., Lindwall, M., Gucciardi, D.F., & Tsakonitis, C. (2018). Longitudinal associations between exercise identity and exercise motivation: A multilevel growth curve model approach. *Scandinavian Journal of Medicine and Science in Sports*, *28*, 746-753. doi: 10.1111/sms.12951

Fröberg, A., Jonsson, L., Berg, C., Lindgren, E-C., Korp, P., Lindwall, M., Raustorp, A., & Larsson, C. (2018). Effects of an Empowerment-Based Health-Promotion School Intervention on Physical Activity and Sedentary Time among Adolescents in a Multicultural Area. *International Journal of Environmental Research and Public Health*, 15 (11), 1-16

König, S., Lindwall, M., Henning, G., & Johansson, B. (2018). Retirement as a lens for socioeconomic differences in cognition and well-being. *Nordic Journal of Working Life Studies*, 8 (2), 63-80.

Stenling, A., Ivarsson, A., Lindwall, M., & Gucciardi, D.F. (2018). Exploring longitudinal measurement invariance and the continuum hypothesis in the Swedish version of the Behavioral Regulation in Sport Questionnaire (BRSQ): An exploratory structural equation modeling approach. *Psychology of Sport and Exercise*, 36, 187-196.

Weman-Josefsson, K., Johnson, U., & Lindwall, M. (2018). Zooming in on the Effects: a Controlled Trial on Motivation and Exercise Behaviour in a Digital Context. *Current Psychology*, 37 (1), 250-262.

Gustafsson, H., Carlin, M., Podlog, L., Stenling, A., & Lindwall, M. (2018). Motivational profiles and burnout in elite athletes: A person-centered approach. *Psychology of Sport and Exercise*, 35, 118-125.

2017

Ivarsson, A., Johnson, U., Andersen, M.B., Tranaeus, U., Stenling, A., & Lindwall, M. (2017). Psychosocial factors and sport injuries: Meta-analyses for prediction and prevention. *Sports Medicine*, 47, 353-365. doi:10.1007/s40279-016-0578-x

Lindwall, M., Weman-Josefsson, K., Jonsson, L., Ivarsson, A., Ntoumanis, N., Patrick, H., Thøgersen-Ntoumani, C., Markland, D., Teixeira, P. (2017). Stirring the motivational soup: Within-person latent profiles of motivation in exercise. *International Journal of Behavioral Nutrition and Physical Activity*, 14:4. doi: 10.1186/s12966-017-0464-4

Thøgersen-Ntoumani, C., Black, J., Lindwall, M., Whittaker, A. C., & Balanos, G. M. (2017). Presenteeism, stress resilience, and physical activity in older manual workers: A person-centred analysis. *European Journal of Ageing*, 14, 385-396.

Stenling, A., Ivarsson, A., Hassmén, P., & Lindwall, M. (2017). Longitudinal associations between athletes' controlled motivation, ill-being, and perceptions of controlling coach behaviors: A Bayesian latent growth curve approach. *Psychology of Sport & Exercise*, 30, 2015-214.

Josefsson, T., Ivarsson, A., Lindwall, M., Gustafsson, H., Stenling, A., Böröy, J., Mattsson, E., Carnebratt, J., Sevholt, S., & Falkevik, E. (2017). Mindfulness mechanisms in sports: Mediating effects of rumination and emotion regulation on sport-specific coping. *Mindfulness*, 8, 1354-1363.

Henning, G., Hansson, I., Berg, A.I., Lindwall, M., & Johansson, B. (2017). The role of personality for subjective well-being in the retirement transition – Comparing variable and person-oriented models. *Personality and Individual Differences*, 116, 385-392.

Lindwall, M., Berg, A.I., Bjälkebring, P., Buratti, S., Hansson, I., Hassing, L., Henning, G., Kivi, M., König, S., Thorvaldsson, V., Johansson, B. (2017). Psychological Health in the Retirement Transition: Rationale and First Findings in the HEalth, Ageing and Retirement Transitions in Sweden (HEARTS) Study. *Frontiers in Psychology*, 8. doi: org/10.3389/fpsyg.2017.01634

Gerber, M., Lindwall, M., Börjesson, M., Hadzibajramovic, E., & Jonsdottir, I.H. (2017). Low leisure-time physical activity, but not shift-work, contributes to the development of sleep complaints in Swedish health care workers. *Mental Health and Physical Activity*, 13, 22-29.

2016

Lindwall, M., Weman-Josefsson, K., Sebire, S.J., Standage, M. (2016). Viewing exercise goal content through a person-oriented lens: A self-determination perspective, *Psychology of Sport & Exercise*, 27, 85-92. doi: 10.1016/j.psychsport.2016.06.011.

Gerber, M., Börjesson, M., Ljung, T., Lindwall, M., & Jonsdottir, I.H. (2016). Fitness moderates the relationship between stress and cardiovascular risk factors. *Medicine and Science in Sports and Exercise*, 48 (11), 2075-208. doi: 10.1249/MSS.0000000000001005

Stenling, A., Ivarsson, A., & Lindwall, M. (2016a). The only constant is change: Analysing and understanding change in sport and exercise psychology research. *International Review of Sport and Exercise Psychology*, 10 (1), 230-251. Doi:10.1080/1750984X.2016.1216150

Henning, G., Lindwall, M., & Johansson, B. (2016). Continuity in well-being in the transition to retirement. *GeroPsych –The Journal of Gerontopsychology and Geriatric Psychiatry*, 29 (4), 225-237. DOI 10.1024/1662-9647/a000155

2015

Raustorp, A., & Lindwall, M. (2015). Physical self-esteem- A ten year follow-up study from early adolescence to early adulthood. *International Journal of Adolescent Medicine and Health*, 27, 31-39.

Gerber, M., Lindwall, M., Brand, S., Lang, C., Elliot, C., & Pühse, U. (2015). Longitudinal relationships between perceived stress, exercise self-regulation, and exercise involvement among physically active adolescents. *Journal of Sport Sciences*, 33, 369-380.

Gerber, M, Lindgard, A., Jonsdottir, I., Arvidsson, E., & Lindwall, M. (2015). Promoting Graded Exercise as a Part of Multimodal Treatment in Patients Diagnosed with Stress-Related Exhaustion. *Journal of Clinical Nursing*. [Epub ahead of print]. doi: 10.1111/jocn.12820

Aşçı., H.F., Lindwall, M., Altıntaş, A., & Edepli, N. (2015). Gender differences in the relation of personality traits and self-presentation with physical activity. *Science & Sports*, 30, 23-30.

Stenling, A., Lindwall, M., & Hassmen, P. (2015). Changes in Perceived Autonomy Support, Need Satisfaction, Behavioral Regulations, and Well-Being in Young Elite Athletes. , 4, 50-61. Doi: 10.1037/spy0000027

Gudmundsson, P., Lindwall, M., Gustafson, D., Östling, S., Hällström, T., Waern, M., Skoog, I. (2015). Longitudinal associations between physical activity and depression scores in Swedish women followed 32 years. *Acta Psych Scand*, [Epub ahead of print]. DOI: 10.1111/acps.12419

Weman Josefsson, K., Ivarsson, A., & Lindwall, M. (2015). Need satisfaction, Motivational regulations and Exercise: Moderation and mediation effects. *International Journal of Behavioral Nutrition and Physical Activity*, 12, 67. doi:10.1186/s12966-015-0226-0

Lindahl, J., Stenling, A., Lindwall, M., & Colliander, C. (2015). Trends and knowledge base in sport and exercise psychology research: A bibliometric review study. *International Review of Sport and Exercise Psychology*, 8, 71-94. DOI:10.1080/1750984X.2015.1019540

Ivarsson, A., Andersen, M.B., Stenling, A., Johnson, U., & Lindwall, M. (2015). Things We Still Haven't Learned (So Far). *Journal of Sport & Exercise Psychology*, 37, 449-461.

Stenling, A., Ivarsson, A., Johnson, U., & Lindwall, M. (2015). Bayesian structural equation modeling in sport and exercise psychology. *Journal of Sport & Exercise Psychology*, 37, 410-420.

Stenling A, Ivarsson A, Hassmén P and Lindwall M. (2015). Using bifactor exploratory structural equation modeling to examine global and specific factors in measures of sports coaches' interpersonal styles. *Front. Psychol.* 6:1303. doi:10.3389/fpsyg.2015.01303

Staveborg Kerkelä, E., Jonsson, L., Lindwall, M., & Strand, J. (2015). Individual experiences following a 6-month exercise intervention: A qualitative study. *International Journal of Qualitative Studies on Health and Well-being*, 10, 26376. doi.org/10.3402/qhw.v10.26376

Bengtsson, U., Kjellgren, K., Hallberg, I., Lindwall, M., Taft, C. (2015). Improved blood pressure control using an interactive mobile phone support system. *The Journal of Clinical Hypertension*, 1-8. Doi: 10.1111/jch.12682

Lindegård, A., Jonsdottir, I., Börjesson, M., Lindwall, M., & Gerber, M. (2015). Changes in mental health in compliers and non-compliers with physical activity recommendations in patients with stress-related exhaustion. *BMC Psychiatry*. doi: 10.1186/s12888-015-0642-3.

Weman-Josefsson, K., Fröberg, K., Karlsson, S., & Lindwall, M. (2015). Mechanisms in Self-Determined Exercise Motivation: Effects of a Theory Informed Pilot Intervention. *Current Psychology*, 1-11. doi: 10.1007/s12144-015-9388-9

2014

Josefsson, T., Lindwall, M., & Archer, T. (2014). Physical exercise intervention in depressive disorder: Meta-analysis and systematic review. *Scandinavian Journal of Medicine and Science in Sports*, 24, 259-272. doi: 10.1111/sms.12050

Archer, T., Josefsson, T., & Lindwall, M. (2014). Effects of Physical Exercise on Depressive Symptoms and Biomarkers in Depression. *CNS & Neurological Disorders - Drug Targets*, *13*, 1640-1653.

Ivarsson, A., Johnson, U., Lindwall, M., Gustafsson, H., & Altemyr, M. (2014). Psychosocial stress as a predictor of injury in elite junior soccer: A latent growth curve analysis. *Journal of Medicine and Sport Science*, *17*, 366-370. Doi: 10.1016/j.jsams.2013.10.242

Lindwall, M., Gerber, M., Jonsdottir, I., Börjesson, M., & Ahlberg Jr, G. (2014). The relationships of change in physical activity with change in depression, anxiety, and burnout: A longitudinal study of Swedish healthcare workers. *Health Psychology*, *33* (11), 1309-1318.

Gerber, M., Jonsdottir, I., Lindwall, M., Ahlberg Jr. (2014). Physical Activity in Employees with Differing Occupational Stress and Mental Health Profiles: A Latent Profile Analysis. *Psychology of Sport & Exercise*, *15*, 649-658.

Robitaille, A., Muniz, G., Lindwall, M., Piccinin, A.M., Hoffman, L., Johansson, B., & Hofer, S.M. (2014). Physical activity and cognitive functioning among older adults: Within- and between-person cognitive and psychosocial mediators. *European Journal of Ageing*, *11*, 333-347. doi: 10.1007/s10433-014-0314-z

Wagnsson, S., Lindwall, M., & Gustafsson. (2014). Participation in organized sport and self-esteem across adolescence: The mediating role of perceived sport competence. *Journal of Sport and Exercise Psychology*, *36*, 584-594. doi: 10.1123/jsep.2013-0137.

Lindwall, M., Aşçı, F.H., & Crocker, P. (2014). The physical self in motion: Within-person change and associations of change in self-esteem, physical self-concept and physical activity in adolescent girls. *Journal of Sport and Exercise Psychology*, *36*, 551-563.

2013

Gerber, M., Lindwall, M., Lindegård, A., Börjesson, M., & Jonsdottir, I. (2013). Cardiorespiratory fitness protects against stress-related symptoms of burnout and depression. *Patient Education and Counseling*, *93*, 146-152.

Ivarsson, A., Andersen, M., Johnson, U., & Lindwall, M. (2013). To adjust or not adjust: Nonparametric effect sizes, confidence intervals, and real-world meaning. *Psychology of Sport & Exercise*, *14*, 97-102.

2012

Fagerström, C., Lindwall, M., Berg, A-I., & Rennemark, M. (2012). Factorial validity and invariance of the Life Satisfaction Index in older people across groups and time: Addressing the heterogeneity of age, functional ability, and depression. *Archives of Gerontology and Geriatrics*, *55*, 349-356. doi:10.1016/j.archger.2011.10.007

Hagger, M. S., Lonsdale, A., Hein, V., Koka, A., Lintunen, T., Pasi, H. J., Lindwall, M., Rudolfsson, L., & Chatzisarantis, N. L. D. (2012). Predicting alcohol consumption and binge drinking in company employees: An application of planned behaviour and self-determination theories. *British Journal of Health Psychology*, 17, 379-407. DOI:10.1111/j.2044-8287.2011.02043.x

Lindwall, M., Barkoukis, V., Grano, C., Lucidi, F., Luikkonen, J., Raudsepp, L., & Thøgersen-Ntoumani, C. (2012). Method effects: The problem with negatively versus positively keyed items. *Journal of Personality Assessment*, 94, 196-204.

Lindwall, M., Ljung, T., Hadzibajramovic, E., Jonsdottir, I. H. (2012). Self-reported physical activity and aerobic fitness are differently related to mental health. *Mental Health and Physical Activity*, 5, 28-34. doi:10.1016/j.mhpa.2011.12.003

Lindwall, M., Cimino, C.R., Gibbons, L.E., Mitchell, M.B., Benitez, A., Brown, C.L., Kennison, R.F., Shirk, S.D., Atri, A., Robitaille, A., MacDonald, S.W.S., Zelinski, E.M., Willis, S.L., Schaie, K.W., Johansson, B., Praetorius, M., Dixon, R.A., Mungas, D.M., Hofer, S.M. & Piccinin, A.M. (2012). Dynamic associations of change in physical activity and change in cognitive function: Coordinated analyses of four longitudinal studies. *Journal of Aging Research*. doi: 10.1155/2012/493598

Mitchell, M.B., Cimino, C.R., Benitez, A., Brown, C.L., Gibbons, L.E., Kennison, R.F., Shirk, S.D., Atri, A., Robitaille, A., MacDonald, S.W.S., Lindwall, M., Zelinski, E.M., Willis, S.L., Schaie, K.W., Johansson, B., Dixon, R.A., Mungas, D.M., Hofer, S.M., & Piccinin, A.M. (2012). Cognitively stimulating activities: Effects on cognition across four studies with up to 21 years of longitudinal data. *Journal of Aging Research*. doi: 10.1155/2012/461592

Brown, C.L., Gibbons, L.E., Kennison, R.F., Robitaille, A., Lindwall, M., Mitchell, M.B., Shirk, S.D., Atri, A., Cimino, C.R., Benitez, A., MacDonald, S.W.S., Zelinski, E.M., Willis, S.L., Schaie, K.W., Johansson, B., Dixon, R.A., Mungas, D.M., Hofer, S.M., & Piccinin, A.M. (2012). Social Activity and Cognitive Functioning Over Time. *Journal of Aging Research*. doi: 10.1155/2012/287438

Josefsson, T., Lindwall, M., & Broberg, A.G. (2012). The effects of a short-term mindfulness based intervention on self-reported mindfulness, decentering, executive attention, psychological health, and coping style: Examining unique mindfulness effects and mediators. *Mindfulness*. Doi: 10.1007/s12671-012-0142-1

Gerber, M., Brand, S., Lindwall, M., Elliot, C., Kalak, N., Herrmann, C., Pühse, U., & Jonsdottir, I.H. (2012). Concerns regarding hair cortisol as a biomarker of chronic stress in exercise and sport science. *Journal of Sports Sciences and Medicine*, 11, 571-581.

2011

Lindwall, M., Aşçı, F.H., & Hagger, M.S. (2011). Factorial Validity and Measurement Invariance of the Revised Physical Self-Perception Profile (PSPP-R) in Three Countries. *Psychology, Health & Medicine*, 16, 115-128.

Lindwall, M., Aşçı, F.H., Palmeira, A., Fox, K.R., Hagger, M.S. (2011). The Importance of Importance in the Physical Self: Support for the Theoretically Appealing but Empirically Elusive Model of James. *Journal of Personality*, 79, 303-333.

Lindwall, M., Larsman, P., & Hagger, M. S. (2011). The Reciprocal Relationship Between Physical Activity and Depression in Older European Adults: A Prospective Cross-Lagged Panel Design Using SHARE Data. *Health Psychology*, 30, 453-462.

Thøgersen-Ntoumani, C., Barkoukis, V., Grano, C., Lucidi, F., Lindwall, M., Liukkonen, J., Raudsepp, L., & Young, W. (2011). Health and well-being profiles of older European adults. *European Journal of Ageing*, 8, 75-85.

2009

Rennemark, M., Lindwall, M., Halling, A., & Berglund, M.D. (2009). Relationships between physical activity and perceived qualities of life in old age. Results of the SNAC-study. *Ageing and Mental Health*, 13, 1-8.

Lindwall, M., & Palmeira, A. (2009). Factorial validity and invariance testing of the Exercise Dependence Scale- Revised in Sweden and Portugal. *Measurement in Physical Education and Exercise Science*, 13(3), 166-179.

2008

Lindwall, M., & Martin Ginis, K. (2008). Exercising impressive impressions: The Exercise stereotype in male targets. *Scandinavian Journal of Medicine and Science in Sports*. DOI: 10.1111/j.1600-0838.2008.00869.x

Lindwall, M., Rennemark, M., & Berggren, T. (2008). Movement in mind: The relationship of exercise with cognitive status for older adults in the Swedish National Study on Aging and Care (SNAC). *Ageing and Mental Health*, 12, 212-220.

2007

Hagger, M. S., Aşçı, F. H., Lindwall, M., Hein, V., Mülazimoglu-Balli, Ö., Tarrant, M., Pastor Ruiz, Y., & Sell, V. (2007). Cross-Cultural Validity and Measurement Invariance of the Social Physique Anxiety Scale in Five European Nations. *Scandinavian Journal of Medicine and Science in Sports*, 17, 703- 719.

Lindwall, M., Rennemark, M., Halling, A., Berglund, J., & Hassmén, P. (2007). The relationship between depression and exercise for elderly men and women: results from the Swedish National Study on Aging and Care (SNAC). *Journal of Aging and Physical Activity*, 15, 41-55.

2006

Lindwall, M., & Martin Ginis, K. (2006). Moving towards a favorable image: The self-presentational benefits of exercise and physical activity. *Scandinavian Journal of Psychology*, 47, 209-217.

2005

Lindwall, M. (2005). Examining the validity of a Swedish version of the Self-Presentation in Exercise Questionnaire. *Measurement in Physical Education and Exercise Science*, 9, 113-134.

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